Jessica K. Dodge

Traumatic Stress Consultant

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|  |  | **Employment**   |  |  | | --- | --- | | **2000-Current** | Critical Incident Stress Management Consultant  Referrals primarily via EAPs, Schools, EMS, Child Protection - Minneapolis metro area, out-state, Midwest states   * Possesses knowledge and skills to consistently provide Critical Incident Stress Management, trauma, grief, and transition services, effectively assisting individuals, groups, organizations to handle the impact of workplace, community, familial events disruptive to workforce due to psychological stress, trauma, and grief. * Provides traumatic stress and peer support training in collaboration with child welfare departments, county attorneys, law-enforcement, first responders, health and human services, public transit, educators, and employers to increase their capacity to prevent, mitigate, recover from reactions to traumatic stress. * Evaluates, recommends, implements evidence-based trauma-informed services with culturally specific and developmentally appropriate strategies to address needs and build resilience. * Develops, updates, maintains postvention plans for existing and potential client companies. * Partners with cross-functional teams (EMS CISM, school social work crisis team, EAP, community leaders) to conduct thorough needs assessment and service provision. * Increases efficacy of services and client satisfaction through awareness of current global research, neuro--biological-physiological systems and learning from impacted individuals. * Facilitates peer support training, proactive stress strategies, resource and counseling access, self-advocacy, empowerment. * Engages working knowledge of change tools, surveying and identifying community strengths and areas for improvement, through community-based approaches. * Utilizes regular professional consultative relationships towards continual practice improvement. |  |  |  | | --- | --- | | **2002-2020** | Special Education Leader and Racial Equity Coach  Saint Paul Public Schools, Currently On Leave, Saint Paul, MN   * Led special education sites, teams of professionals, paraprofessionals that required close cooperation among members to share information and deliver solutions. * Created, modified, executed district's special education mission to reduce disparity. * Facilitated achievement towards concrete goals: identification, graduation, and suspension rates, least restrictive environment, proficiency rates. * Improved access to culturally responsive curriculum, equitable educational environments, instructional tools, access to general education. * Collaborated to provide professional development opportunities, focused data, surveying student, staff, families. * Actively participated in Risk Assessment Team and in the Crisis Management Team. | | **1995-2003** | Therapeutic Day Treatment Counselor *Anoka Hennepin School District, Crossroads School , St. Francis, MN*   * Provided educational services, therapeutic activities, comprehensive treatment with students K-12, building skills to address mental, cognitive, behavioral, and emotional distress to improve functioning and overall well-being. |   **Education**   |  |  | | --- | --- | | **2015- Current** | Mental Health Counseling Certificate (coursework towards)  University of South Dakota - Vermillion, SD   * Childhood Through Adulthood Psychopathology for Mental Health Professionals * Psychopharmacology for the Nonmedical Mental Health Professionals * Crisis Intervention in Professional Counseling |  |  |  | | --- | --- | | **2005-Current** | Disaster Mental Health Graduate Certificate: Disaster Management (coursework towards)  University of South Dakota - Vermillion, SD   * Traumatic Stress * Management in Disaster Mental Health * Crisis Intervention * Serving Diverse Communities in a Disaster * Successfully completed the disaster response simulation as a capstone measure |  |  |  | | --- | --- | | **1993-1998** | Clinical Psychology  Minnesota School of Professional Psychology - Minneapolis, MN And Bloomington, MN |  |  |  | | --- | --- | | **1990-1993** | Clinical Psychology  University of Minnesota - Twin Cities - Minneapolis, MN |  |  |  | | --- | --- | | **1983-1989** | Bachelor of Arts: Clinical Psychology Major, Piano Minor  University of Minnesota - Minneapolis, MN |   **Internships and Practicum** Diagnostic Practicum*: Family Service St. Croix*, Stillwater, MN Assistance Program Therapy Practicum: *Lakes Area Human Services, Inc*., Forest Lake, MN Internships: *St. Paul Police Department Employee Assistance Program* , St. Paul, MN T.E.A.M. *T.E.A.M.* ( Total Employee Assistance Management ), St. Paul, MN  **Certifications**   |  |  | | --- | --- | |  | Board Certified Behavioral Analyst (BCBA), EMDR competency, current candidate for certification CEAP. |   **Affiliations**  Member: International Society Traumatic Stress Studies, American Academy of Experts in Traumatic Stress National Center for Crisis Management, Association for Psychological Science, St. Paul Federation of Teachers, American Federation of Teachers, National Association of School Psychologist, School Social Workers Association of America, Minnesota School Social Workers Association, Minnesota School Psychologists Association, Interfaith Action of Greater St. Paul. |
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